



MSO



FORCES OF



NATURE



**MSO Relaxed, Sensory-Friendly
Performance**

Saturday 10 June 2023 / 12.00–12.50pm
Arts Centre Melbourne, Hamer Hall



I am going to listen to the Melbourne Symphony Orchestra!

The Melbourne Symphony Orchestra is a group of people who like to make music together. The musicians play lots of instruments. Different instruments make different sounds in different ways. When lots of musicians make music together, we call them an *orchestra*.



I am going to hear the Melbourne Symphony Orchestra perform at a concert. A concert is when musicians play music for people to listen to.



Before the concert

I will wear comfortable clothes. Some people like to wear formal clothes to a concert. That's OK. Some people wear their usual clothes. That's OK too. Sometimes it is cold at a concert. I can wear a jumper, a scarf, or a hat to keep me warm.

I will bring my ticket or booking confirmation. My ticket tells me what time the concert starts. This concert will start at 12:00pm.

I can bring things that help me listen to the music. I can bring an iPad, a soft toy, headphones, fidget tools, or something else that helps me listen.



Where to go

The concert will happen at a place called Hamer Hall, a big round building near the Yarra River. Hamer Hall is a place just for making and listening to music. Lots of concerts happen there.

I can get there in a car, by train, or on a tram.

It is good to try to arrive 30 minutes before the concert starts (that's 11:30am). There will be lots of people at the concert. It will be busy when I arrive. I can go to the toilet. I can buy food or a drink before the concert. If I have a big bag, I can give it to the staff at the cloak room. They will keep it safe for me.



There will be people to help me at Hamer Hall. They are called ushers. They all wear black clothes so people know who they are. The ushers are here to help people have a good time at the concert. I can ask them questions.



When I am ready to go into the concert, my grown-up and I will go down the escalators, the stairs or the lift. The auditorium is a big room where the music happens. We will show the ushers our tickets.



There are lots of seats, and a stage for the orchestra to sit on. The ushers can help me find a seat to sit on. Some people like to sit at the front where it is louder. Some people like to sit at the back where it is quieter. I can choose where I sit.

If I have a phone or an iPad, I will turn off the sound so it does not interrupt the music.

Before the concert, I can move around and talk to people. Musicians from the orchestra might be on stage already. They will be getting ready. It might be noisy.

Sometimes people are late for a concert. This is OK. The ushers will let me in as soon as they can so I can listen to the concert.



During the concert

When the orchestra is ready to start the concert, the conductor will walk on stage. Her name is Ingrid Martin. The conductor is the person who leads the musicians. The conductor will move her arms and body along with the music, to keep the musicians playing at the same time.

Sometimes people clap for the orchestra before they start. This is a way to show the musicians we are excited to hear what they will play. When everybody claps, it can get very loud. If it's too loud I can cover my ears.

Thea (the presenter) might invite the audience to join in some parts of the concert. She will tell us what to do. She won't ask me to come on stage or do anything that would make people laugh at me. I don't have to join in if I don't want to.

What will I hear?

The orchestra will play six pieces of music at this concert. They all sound very different to each other. The music is:

Miringama by Brenda Gifford

Parts of Symphony No.6 by Ludwig van Beethoven

Waltz of the Flowers by Pyotr Ilyich Tchaikovsky

The Flight of the Bumblebee by Nikolai Rimsky-Korsakov

Rock Hopping by Maria Grenfell

October by Eric Whitacre



We call someone who writes music a composer. The composers who wrote this music were all inspired by the natural world, weather, and the seasons. Sometimes it is hard to know what the music is about, so there will be a presenter who will talk about the music and help everybody enjoy the concert.

Her name is Thea Rossen.

The orchestra is going to play a new piece of music nobody has ever heard before. It is called *Miringama*. Brenda Gifford is the composer. Brenda is a First Nations woman from Yuin country.



Everybody will listen while the musicians play. People listen in lots of different ways. Some people dance. Some people move their hands or feet. Some people sit still. Some people will make noises. I will try to be quiet, but it is OK if I need to talk to friends, my family, or my grown-up or if I make noises. I can use a fidget tool or my iPad while the orchestra plays the music.

The music might be loud. Some people like to wear headphones or earplugs.



I can take a break whenever I need to and leave the auditorium with my grown-up. There is a quiet area in the foyer where I can relax. I can go back into the auditorium whenever I am ready or watch the concert on the screens in the foyer.

When the music stops, I can clap my hands to say thank you to the musicians.

After the music stops, I can take a photo of the musicians.

After the concert

The music is finished when the conductor and the musicians leave the stage. It is time to go home.

I can do it again

The Melbourne Symphony Orchestra perform lots of concerts. My grown-ups can help me find out when we can go again.

I can also watch the Melbourne Symphony Orchestra on YouTube or at MSO.LIVE.



<https://youtube.com/@melbournesyphonyorchestra>

Tell us what you think

We want to hear from you.

You can call us on the phone.

The phone number is (03) 9929 9600

You can send an email to lei@mso.com.au

We will listen.

We want everyone to enjoy music.

Give It a Go Training and Arts Centre Melbourne
helped the MSO write this social story.

Find out more or work with us:

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