

PizzIMMERSION

Professional Learning Activities

Mini lesson plan

Title

Four White Horses

Year level suggested

Years 3-6

Useful for

Brain breaks
Teamwork
Coordination skills
Focus

Learning intention

To engage students through movement and voice

Materials

A clear space in the classroom

Background

Folk tune transcribed from school children by Floice Lindgren Lund, 1960

Lyrics

Four white horses
On the river
Hey hey hey, up tomorrow
Up tomorrow is a rainy day
Come on and join our shadow play
Shadow play is a ripe banana
Hey hey hey, up tomorrow
Up tomorrow is a rainy day

Steps

1. Teach the song in a call and response manner, line by line until everyone is comfortable with the song
2. Children then form circle groups of 4
3. Choose who is Pair 1, who is Pair 2 in the group – partners stand opposite each other
4. Palms facing outwards, all children clap their neighbour's hands to "Four white horses, on the river"
5. The next clapping pattern is completed **twice**:

Pair 1	up, together, down, together left, together, right, together
Pair 2	down, together, up, together right, together, left, together

6. For "Shadow play is a ripe banana", children face palms outwards and clap neighbour's hands as before
7. Return to the Pair 1/Pair 2 clapping pattern until the end of the song

Curriculum links**Music**

- Music Practices
- Present and Perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration

Need support?

Email *PizzASSIST*, education@mso.com.au
and quote *PizzASSIST* in the subject line